

IF YOU, A FAMILY MEMBER OR FRIEND NEED HELP WITH SUBSTANCE ABUSE, THE FOLLOWING GROUPS CAN ASSIST YOU.

**Catholic Charities of Columbia and Greene Counties
Alcohol and Substance Use Prevention Program
431 East Allen Street
Hudson, NY 12534
518-828-8660, extension 130**

**Columbia County Department of Human Services
Mental Health Clinical and Care Coordination Services
325 Columbia Street, Suite 300
Hudson, New York 1243
518-828-9446 (staff available 24 hours a day/ 7 days per week)**

**Twin County Recovery Services, Inc
Substance Abuse Clinical and Residential Services
350 Power Avenue
Hudson, NY 12534
519-751-2083, extension 320**

**Mental Health Association of Columbia-Greene Counties
Mental Health
Clinical, Residential and Support Services
713 Union Street
Hudson, NY
518-828-4619**

**Mental Health Association of Columbia-Greene Counties
Mobile Crisis Assessment Team
518-943-9555 (staff available from Noon-8PM, 7 days per week)**

**For Ichabod Crane School Students:
Counseling Offices
518-758-7575**

**Columbia Pathways to Recovery
877-HOPE-365**

Please note that the Columbia County Department of Human Services is available at the Ichabod Crane School and has office hours at the Valatie Medical Arts Building.